

August 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9 Exercise –11 am	10 Art Class 12-3	11—Lunch n’ Learn12pm-1pm	12	13 Conference Room Reserved
14	15	16 Exercise—11 am Sweet Spot Class- 10am Conference Room Reserved 5-7	17 Art Class 12-3	18 Sweet Spot Class– 4pm	19	20
21	22	23 Exercise– 11am	24 Art Class 12-3	25	26	27 Conference Room Reserved
28	29	30 Exercise-11 am	31 Art Class 12-3			